Farmers Exhibition 2006



Buy Direct from Local Family Farmers!

- High quality, organic vegetables on-site and thru CSA memberships.
 - Free-range, natural and humanely-produced meats.
 - Veggie seedlings and plants for spring gardens.
 - Free information on sustainable agriculture & gardening
- Free *Directory of Local Producers* including stores that carry their products.
 - Original music by eco-troubadour, Stan Slaughter.

This Year in Shawnee:

Saturday, April 1, 2006

- 9:00 AM-3:00 PM
- Shawnee Civic Center
- 13817 Johnson Dr., Shawnee, KS (2 miles east of I-435)

Chef demo at noon: Chef Cody Hogan of Lidia's KC.



 $-Free\ admission, free\ parking\ -$

Free workshop starting at 9:30 am

"Heritage Foods in the Heartland"

Co-founder of Heritage Foods USA, Todd Wickstrom, and other speakers.

***free heirloom tomato seedling to the first 75 workshop attendees! ***

Hosted by the KC Food Circle www.kcfoodcircle.org call (913) 334-0556 for more info.

The Kansas City Food Circle is an all-volunteer, not-for-profit organization.

Co-sponsors: Sierra Club, Food Circles Networking Project -Missouri Extension, Kansas City Greens, Faces of Food, Green Sanctuary Committee of All Souls UU Church, Kansas City Wellness Magazine, Peace & Justice Office of the St. Joseph/KC Diocese, St. Patrick's Parish, Order of the Precious Blood, Growing Growers Project, Bridging the Gap, KKFI and eKC.