



A local nonprofit, the Kansas City Food Circle has connected area consumers with local, organic, free-range food for over 20 years.

Find out more about us at kcfoodcircle.org or friend us on Facebook.

Questions to Ask Your Grower:

1. Do you grow all of the food products you sell?
2. Is your produce organically grown? How do you define organic?
3. Do you use any synthetic pesticides (insecticides, herbicides & fungicides) or chemical fertilizers?
4. If you don't usually use pesticides, will you use them as a last resort?
5. When did you pick your produce?
6. Is it ready to eat today?
7. How do you wash and store your products? Do you have a clean water supply?
8. How do you cool your produce? (Sweat leads to rot.)
9. Are your animals given regular access to the outdoors? How are they confined?
10. Do you use antibiotics, hormones, or arsenicals (chemicals that include arsenic) to promote the growth of the animals on your farm?
11. What do you feed your animals? Do you use genetically modified grains or GMO products?
12. Do you welcome visitors to your farm?